

## **SLP CAMHS Crisis Line – Information Sheet**

If children and young people or their families/carers are concerned about their deteriorating mental health and would benefit from crisis support, advice and counselling, or professionals need support with children and young people they are helping in crisis, they can call:

**0203 228 5980**

Monday to Friday 5pm – 11pm, and Saturday, Sunday, BHs 9am – 11pm

The CAMHS Crisis Line is staffed by CAMHS Crisis Practitioners, and the key interventions of the service are:

- Immediate crisis counselling support to children and young people in significant distress, offering a supportive voice during this time
- Risk assessment to ensure any advice or guidance given is appropriate and robust
- To help the child or young person engage in any safety plan they have formulated with their community teams
- Advice and containment to parents and carers in relation to their child or young person, including reminding them of any plans put in place by CAMHS teams
- Liaison with agencies in primary care and the local authority for children and young people not known to CAMHS, as well as immediate risk and safety planning
- Support and advice for health professionals regarding children and young people they have been called to attend/support out-of-hours.